NTN in 2020

"Big Thanks to Nurture through Nature - those leaves sang with love"

-Food Bank User

Nurture Through Nature

2020 was Some Year

As we approach the end of 2020, we are looking back on the year we have had here at Nurture through Nature (and quite the year it has been). We were lucky enough to be able to remain active throughout the coronavirus pandemic, which is something we are extremely thankful for considering the increased reliance on food banks we have seen during this difficult time.



March - June

During the first lockdown, we continued working with volunteers outdoors in the open air. We increased our gardening sessions to three times a week, but with smaller groups to grow our fresh produce.

Unfortunately, the pandemic stopped new gardeners from joining the allotments, so an extra growing plot was freed up for use and we could grow much more food for our beneficiaries.



July - September

Throughout the summer, when restrictions were less severe, we had groups of six volunteers working hard and getting some much-needed fresh air and sun after being indoors for so long.

During the latter half of summer, we had the opportunity to work with Higgidy Pies, a national food producer based in Brighton, on one of their advertising campaigns.

October - December

During the second lockdown and throughout the latter part of the year, our volunteers continued to work in groups of six to finish the last harvest of the year.



Thank You All!

We would like to thank all our amazing volunteers for their hard work over the last twelve months, especially considering how difficult it has been for all of us. We would not be able to do this work without the unwavering support of everyone involved.

We would also like to thank our funders, whose generosity has kept us being able to continue our mission throughout the years. Our funders for this year have been - Brighton & Hove Local authority, Awards for All, Antonio Carluccio Foundation, Neil Smith Food Award, and Sussex Community Foundation.



Looking Forward

Here’s to another year! 2020 was challenging, but we will keep growing veg as long as we have such a strong community around us, something we have definitely experienced and come to appreciate a whole lot more over the year.

Thanks again to all our supporters.



Our Beneficiaries - Some Kind Words

'Brighton Unemployed Centre would like to say a huge thank you to Nurture Through Nature for all their support this year. Throughout lockdown we were delivering emergency food hampers to over 200 families a week in the local area. The addition of fresh, locally grown vegetables to our food boxes was a huge boost for the families in receipt of them. Once lockdown ended we were able to open our kitchen for takeaway lunches twice a week - and at the same time set up a free market stall of fresh vegetables for those struggling in the local community - the veg you supplied has been a massive success and very gratefully received'

- Brighton Unemployed Centre, 2020